

HIGHLIGHTS

January 2011

A Bimonthly Newsletter for collaborative projects of Habib University Foundation and Youth Affairs Department Government of Sindh

Table of Contents



page 2

INSPYRE Learning and Teaching



page 3

Youth in Action: Social Action Projects (SAPs)



page 4

INSPYRE Youth Participate in Youth Festival



page 5

iLEAD Sports Coaching Camps



page 6

iLEAD Sports Days



INSPYRE and iLEAD are public-private partnership projects of the Youth Affairs Department, Government of Sindh and Habib University Foundation (H.U.F.) with technical support being provided by the British Council.



Inspiring Leadership, Empowerment and Development in Youth

- iLEAD focuses on promoting a healthy life style, leadership & personal development in youth through sports education and community service
- iLEAD will build partnerships with 5 colleges and 25 schools in Karachi and Hyderabad
- iLEAD aims to develop a sports education curriculum, organize sports weeks, summer camps, sports festivals, coaching camps etc. for youth



Inspiring Pakistani Youth to Reach Excellence

- INSPYRE aims at providing youth with a platform for their personal growth, career enhancement and social development
- INSPYRE provides free of cost career education to youth for their career building in Information Technology, Retail Management, Digital Media, Call Center Industry, Fashion and Textile Designing
- Internships are an essential component of the INSPYRE learning experience



Youth Affairs Department
Government of Sindh



Habib University Foundation

Technical Partner



BRITISH
COUNCIL

Foreword

This is the first issue of HIGHLIGHTS for the year 2011. Bidding farewell to the first decade of the 21st century, we embrace the New Year and decade with the aspiration to create a better world for ourselves. The advent of the New Year gives us the opportunity to forget, let go and bury past grievances, animosities and grudges we have held. We should now give a new face to our relationships based on love, compassion and acceptance.

iLEAD and INSPYRE have also greeted new year with plenty of fresh ideas and inspiration. The year 2011 has brought a new Cohort of excited and energetic INSPYRE students to iACT and fun-filled activities to iLEAD. This issue of HIGHLIGHTS will update you with the activities of the last

two months of 2010 and the plans for the first two months of 2011. iLEAD and INSPYRE teams wish you a very peaceful 2011 with a sincere prayer that may God bless us all with a stronger spirit, thoughtful minds, compassionate hearts, healthier bodies and endless love for humanity.

We open-heartedly welcome your opinions and suggestions vis-à-vis both projects. Please share all of your thoughts at yasmeenbano@huf.org.pk

Hope you will enjoy reading this bimonthly issue of 'HIGHLIGHTS'!

Yasmeen Bano
Head Research and Projects

Facts and Figures

INSPYRE

- Admissions completed for four courses: 128 students enrolled, out of which 72 deserving students offered INSPYRE scholarships
- 'Successful Entrepreneur Workshop' organized for nine potential young entrepreneurs
- 32 students attend British Council's Active Citizens training
- 25 INSPYRE alumni reconnect with iACT through Time Management workshop

iLEAD

- Over 6,500 youth from iLEAD's partner schools participate in iLEAD Sports Days
- 111 youth from iLEAD's partner colleges participate in iLEAD coaching camps
- Training session held for the Sports Youth Councils of iLEAD's Karachi based partner colleges

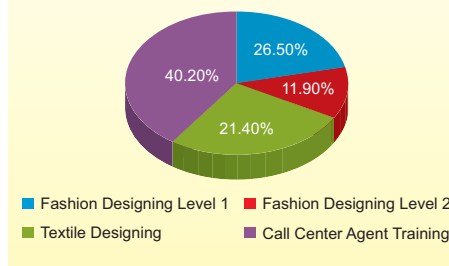
INSPYRE Highlights

INSPYRE Learning and Teaching

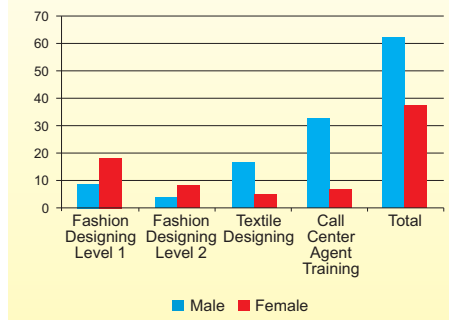
Inspiring Youth to Learn: Admissions Process for Cohort IV

The admissions process for the fourth Cohort of iACT students began in November 2010. Four courses were offered i.e. Call Center Agent Training, Fashion Designing Level 1, Fashion Designing Level 2 and Textile Designing. iACT alumni volunteered during the admissions process, which helped them put their newly acquired skills to use. 969 applicants approached iACT for the available 121 seats, of which half were shortlisted for the interview. Finally 128 applicants were offered admission, of which 72 were awarded INSPYRE scholarships.

Form Issuance: Youth Career Choices



Form Issuance: Gender Ratio



Welcoming New Students: Orientation Day for Cohort IV and Commencement of Classes



Cohort IV students engaged in an ice-breaking activity on orientation day

An orientation session for Cohort IV was held on 20 December 2010. Students were engaged in exciting activities in which they introduced themselves and mingled with one another. iACT faculty gave them an overview of iACT and the courses offered. Students also engaged in an exciting tree plantation session, to inculcate in them a sense of ownership and caring towards the Institute. Classes began the next day. 128 students mostly between the ages of 17 and 25 are enrolled, with an equal representation of males and females. The students were energized after the session and were eager to start their learning journey at iACT.

"I loved my first day at iACT! It was so energetic, yet also informative. I have never had a learning experience like this in my life."
Arifa Khan, Fashion Designing

INSPYRE Highlights

Youth as Agents of Change

5th Workshop of Active Citizens Training

Active Citizens Program (ACP) is a collaborative initiative of Habib University Foundation and the British Council being implemented at the Institute for Advancing

"I explored what it means to be an Active Citizen: it's not just about myself, it's about everyone around me."

Rashida, Basic IT

Careers and Talents. This program encourages youth to play a positive role in community development. In November 2010, an ACP workshop was held at iACT and was attended by 32 students. The workshop imparted the importance of social entrepreneurship and volunteer work. Students were then engaged in designing Social Action Projects (SAPs), a mandatory component of ACP. Students gave ideas for

developing the following SAPs:

- Literacy for housewives in remote areas
- Career counseling for school children
- IT education in government schools

"Blaming is the easiest way of avoiding responsibility, but from today I won't do that."

Samina Ilyas, Web Designing

Youth in Action: Social Action Projects (SAPs)

SAPs provide an opportunity to students to work in teams on real community issues. Students of Cohort III initiated the following projects:

Youth to Youth: Knowledge and Skills Sharing

Engaging with the Ignored Ones: Working with Orphans

Raising Awareness for a Healthy Green Life



Tie and dye techniques being taught at Dar-ul-Atfal



Handicraft skills being imparted at SOS Children's Village of Pakistan



A student plants a tree at Dar-ul-Atfal

Another iACT SAP entitled "Youth to Youth: Knowledge and Skills Sharing" is being implemented at Dar-ul-Atfal (CDGK Girls' Hostel in Korangi). Implemented by iACT graduates of the Textile Designing course, the project reaches out to Pakistani youth and aims to develop useful skills in them. iACT students are sharing the skills they learnt during the course with the students. The project aims to develop marketable skills among youth and help them to initiate their own business. Six sessions have been planned, of which one was conducted in December 2010. 13 students and three teachers benefitted from the session, in which tie and dye techniques were taught.

"It is exciting to see iACT students engaged in social action projects: they're showing how to be active citizens."

Zarfshan Arbab, SAP Mentor

iACT's Fashion Designing students developed an SAP that reaches out to less privileged members of society, who are deprived of learning opportunities. While conceptualizing this project, iACT students observed that most youth development projects target mainstream youth, and pay little to no attention to certain strata such as street youth and orphan houses. Through this SAP, iACT students are building learning partnerships with youth of orphanages including SOS Children's Village, Darul Sukoon and Dar-ul-Atfal. iACT students will share various handicraft skills with these youth. Under this project, iACT visited SOS in December 2010. iACT students met with a keen audience who were eager to learn handicraft skills.

"Through teaching, I am discovering new ways of making handicrafts."
Nuzhat Khan, Fashion Designing

Global warming is one of today's pressing environmental issues. iACT students have designed an SAP in this regard, in which an awareness campaign is being launched. The project is being implemented at five schools. As a part of this campaign, a tree plantation activity is also being carried out at the schools. iACT students successfully launched their project at Dar-ul-Atfal (CDGK Girls' Hostel in Korangi), and are eager to visit the remaining schools on their list.

"It is great to see young students taking initiative and helping our girls who don't have many opportunities."

Ms. Shahida, Head of Dar-ul-Atfal

INSPYRE Highlights

Linking Students with the Professional Community

iACT aims to maintain strong linkages with the professional community to facilitate student interaction with people from the industry. This helps them understand the dynamics of working in the field they are pursuing. iACT organized the following guest speaker sessions and workshops:

World of 3D Studio Max and Graphic Designing

Mr. Ali Ansari, Broadcast & Production Manager, ARY One World visited iACT as a guest speaker. He shared various tips with Graphic Designing and 3D Studio Max students which helped them refine their work. He discussed the endless employment possibilities awaiting them once they graduate from iACT.

Power of Design for Entrepreneurship

Mr. Abdul Muizz, Creative Director, 4M productions visited iACT as a guest speaker to address Web Designing students. The general theme of the session revolved around the power of design and entrepreneurship possibilities in the web designing field. Mr. Muizz presented his own inspiring entrepreneurial example of initiating a business.

Realities of Real Projects

Mr. Amin Khemani, Graphic Designer, Ice Animation was invited to evaluate the work of Cohort III students enrolled in Graphic Designing, Web Designing and 3D Studio Max. He was impressed with the quality of work, and offered constructive feedback to the students. He also conducted a workshop related to project making.

Learning about the Fashion World from Mrs. Tehmina Lodhi

iACT Fashion Designing graduates met with Mrs. Tehmina Lodhi, Head of Media Sciences, Iqra University. Mrs. Lodhi provided valuable guidance related to the practicalities of designing. She praised their products (outfits, clutches, candles, jewelry), and has expressed willingness to buy their designs for display purposes on her website and in international exhibitions.

INSPYRE Youth Participate in Youth Festival

In November 2010, the Youth Affairs Department, Government of Sindh organized a Youth Festival at Karachi Arts Council. iACT alumni participated in the event, where they set up an information stall on iACT and INSPYRE. They shared their learning experience at iACT, displayed their fashion and textile designing material they had made and distributed brochures and pamphlets.

INSPYRE students also participated in a Fashion Designing Competition. Dr. Farooq Sattar, MNA and Mr. Faisal Sabzwari, Minister for Youth Affairs visited the stalls and appreciated the work of the students.



iACT students discuss their work with visitors at the Youth Festival

A Continued Relationship with iACT Graduates: Time Management Workshop for Alumni

iACT aims to build a solid relationship with its alumni by providing them with learning opportunities. In this regard, a daylong workshop on time management was organized, which was attended by 25 alumni from previous Cohorts.

*"I learnt effective time utilization and performance enhancing techniques at the workshop."
Najvia Kareem, iACT Alumnus and teacher, Beacon House School*

Success Stories of INSPYRE Graduates - Two of Many

Agha Mohsin - An Example of Quality Skills and Work Ethics

Agha Mohsin is a diligent young man from Sukkur. A graduate of INSPYRE Cohort I, he joined KESC as a call center executive in April 2010. In October 2010, on account of his outstanding performance, Agha was singled out as employee of the month out of 350 employees. He scored 94% in his evaluation with no absences for seven consecutive months.



Asghar Ali - A Star Performer at Mobilink

Asghar Ali graduated from Cohort II and joined Mobilink as a call center agent in July 2010. Two months into the job, Asghar was rated as an A+ employee. He was later awarded a cash prize and shield.



iLEAD Highlights

iLEAD Activities

November and December 2010 were active months for iLEAD as several sports activities were organized by iLEAD partner colleges and schools. These activities generated plenty of enthusiasm and energy among the participants, encouraging them to become active athletes.

iLEAD Sports Coaching Camps

Coaching plays a critical role in nurturing the talents of youth for various sports. Four sports coaching camps were organized by iLEAD to nurture the talent of young players of partner colleges and schools. iLEAD engaged professional coaches and provided all sports equipment to the colleges. The team also provided logistical support to its partner colleges to help organize the camps.

Netball Coaching Camp



Organized by: Government Degree Girls College, Green Belt Karachi
Participants: 26 girls from the college and its partner schools
Coached by: Mr. Yasser, Pakistan Netball Federation

“Before the introduction of iLEAD, we never played any netball. Now not only have we learnt how, but have also become quite confident in the game.”

Wajiha, Class XII

“Thank you, iLEAD, for providing us with such a wonderful arrangement for us to learn from a qualified coach.”

Janecca, Class XII

Basketball Coaching Camp



Organized by: Government College, Hyderabad
Participants: 28 boys from the college and its partner schools
Coached by: Mr. Ahmed Nawaz, Member Basketball Federation

“We’re really happy today since in the past we did not have a basketball court nor a qualified coach. Now we can make a team for our Board.”

Umer Shahzad, Class XI

“Our college always participates in several events, but basketball’s been an exception since we never had this facility. Thanks to iLEAD, we can participate in Board tournaments.”

Imran Mengal, Class XI

Cricket Coaching Camp



Organized by: Government City College, Karachi
Participants: 29 boys from the college and its partner schools
Coached by: Mr. Nadeem Shiekh, National Curator & Level 2 Coach, Pakistan Cricket Board and Mr. Jawaid Qadeer PCB Level 1 Coach

“I always wished to organize sports camps and engage students in other healthy activities to nurture their talents. Through iLEAD my dream came true, and we were able to organize five sports days and one coaching camp with the help of an active Sports Youth Council.”

Mr. Lalani, Principal Government City College

Badminton Coaching Camp



Organized by: Government Shah Latif Girls College, Hyderabad
Participants: 28 girls from the college and its partner schools
Coached by: Mr. Farhan Ali, member Pakistan Badminton Federation

“With the coaching camp, iLEAD provided us with a great chance to learn badminton. More camps like this should be organized, as it really gives an opportunity for fresh talent to be nurtured.”

Sidra Mughal, Class XII

iLEAD Highlights

iLEAD Sports Days

iLEAD Sports Days were organized at partner schools throughout October and November 2010. These events enthused the children and staff, with several schools commenting that they had experienced something exciting after a long period. Sports Youth Councils of all colleges participated actively in organizing these events.

Sports Days at the Partner Schools of Government City College, Karachi

iLEAD Partner School	Participants
Darul Shafqat & Chaudhry Rehmat Ali School	200
Children Educational Center	324
The City School	140
Dhaka Secondary School	224
Government Comprehensive Higher Secondary School	140



Chaudry Rehmat Ali School



Children Educational Center



Government Comprehensive School



The City School



Dhaka Secondary School

Sports Days at the Partner Schools of Government College Hyderabad



N.A. Baloch Model High School



Syed Panah High School

Name of Partner School	Participants
Dr. N.A. Baloch Model High School, University of Sindh	424
Government Islamia Modern High School	300
Government Noor Muhammad High School	400
Government Seth Kamaluddin High School	500
Syed Panah High School	400



Government Seth Kamaluddin High School



Government Noor Muhammad High School



Government Islamia Modern High School

iLEAD Highlights

Sports Days at the Partner Schools of Institute for Advancing Careers and Talents, Karachi

Name of Partner School	Participants
Crescent Public School	350
Government Boys Lower Secondary School, Malir	300
SOS Herman GMeiner School	250
Murad Memon Girls School, Saudabad	325



Sports Days at the Partner Schools of Government Degree Girls College, Green Belt



Name of Partner School	Participants
Karachi Foundation School	350
Government Girls Higher Secondary School & Noor-ul-Islam Government Girls School	400
The City School, Karachi	300
Defence Foundation School	375



iLEAD Highlights

Sports Days at the Partner Schools of Government Shah Latif Girls College Hyderabad

Name of Partner School	Participants
Government Girls High School, Latifabad # 6	150
Government Girls High School, Latifabad # 10	330
Pigget Memorial Higher Secondary School	350



Government Girls High School, Latifabad # 10



Pigget Memorial Higher Secondary School



Government Girls High School, Latifabad # 10

Energizing Sports Youth Councils Karachi

Sports Youth Councils (SYCs) of iLEAD partner colleges have become very proactive and skillful. To help them hone their skills, a follow-up training session was organized for the SYCs of iLEAD's Karachi based partner colleges. The session gave them an opportunity to share their experiences with

each other through innovative ways such as developing newspapers, making videos, etc. The session also facilitated them to learn to plan events systematically. SYC members developed plans and presented them to their colleagues for feedback.

Achievements of the Young Athletes of iLEAD Partner Colleges

All iLEAD partner colleges encourage their students to participate in various sports events and help them to perform well. iLEAD congratulates its partner colleges' athletes and their respective colleges for securing the following significant achievements:

- **Abdul Noor** of Government City College, Karachi secured second position in the intercollegiate body building (75kg) competition.
- **Maaz** of Government City College, Karachi has been selected for Karachi Board Gymnastic and Body Building Team.
- **Junaid Qaz** and **Maaz** of City College, Karachi have been selected for Karachi Board Squash Team.
- **Government Shah Latif Girls College**, Hyderabad secured first position in handball, second position in table tennis in the intercollegiate games.
- Students and faculty members of Government Shah Latif Girls College, Hyderabad participated in a netball tournament as part of the national games. **Quratul Ain, Mona, Sidra** and **Stafee** were part of the winning Army team. **Aisha, Kanwal, Sonia** and **Kiran** were part of the runners up Sindh team.

Upcoming Events & Activities

- Career Fair for Digital Media Students
- Graduation Ceremony for Cohort II and III
- Announcement of admissions for Digital Media Cohort IV
- Personal and Career Development Module for Cohort IV
- Launching of career development activities with Dr. Hanif Mohammad of Davinci Trainers
- Social Action Project implementation for the second round of Active Citizen Trainings
- iLEAD Sports Festival
- iLEAD Curriculum Workshops
- Launching of iLEAD Sports Academy by the Institute for Advancing Careers and Talents Karachi
- Launching of evening sports coaching camp at Government Shah Latif Girls College

Habib University Foundation

147, Block 7 & 8,
Banglore Cooperative
Housing Society,
Tipu Sultan Road,
Karachi - Pakistan

Phone: (92-21) 34301051-55
Fax: (92-21) 34301056

Web: www.huf.org.pk
www.iact.org.pk
www.cerp.edu.pk/iLEAD